



SAPIENZA
UNIVERSITÀ DI ROMA

Support your thesis, support the environment

1

Celebrate a plastic-free graduation!

Do not use balloons, plastic confetti, streamers and other polluting materials: they degrade public spaces, are dangerous to animals and, with rainfall, enter the water system and end up in the sea, fuelling the problem of plastic in the oceans.



2

Use sustainable alternatives

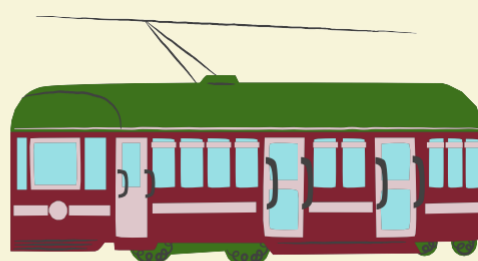
Use biodegradable and environmentally friendly materials: naturally dried leaves and flowers, water-soluble rice paper confetti... They leave no trace and do not harm the environment!



3

Use zero-impact transport

On your graduation day, use alternative means of transport than the car to reach Sapienza's premises: you will reduce greenhouse gas emissions and improve city traffic conditions.



4

Print your dissertation on recycled paper

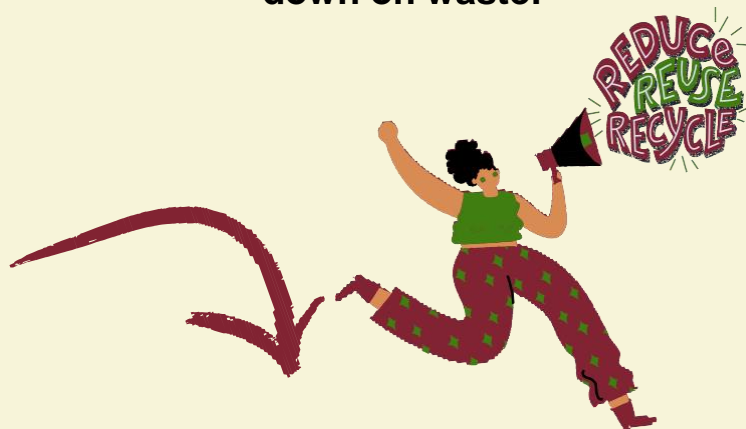
Print your dissertation on recycled paper whenever possible and always favour recycled and/or easily recyclable materials. Cut down on waste!



5

Talk about it with friends and family

Raise awareness that celebrating in a sustainable way actively helps safeguard the environment around us and the entire planet.



6

Keep it clean!

When the celebrations are over, remember to collect and recycle any waste. Sapienza's spaces belong to everyone!

