



Faculty of Medicine and Psychology

ACADEMIC YEAR 2016 /2017

CALL FOR APPLICATIONS FOR THE SUMMER SCHOOL

in

“Empathy and Compassion: Contemplative Practices, Neuroscience and Clinical Implications”

DIRECTOR: Antonino Raffone

FACULTY

Salvatore Maria Aglioti (Sapienza University of Rome; Fondazione Santa Lucia).
Massimo Bergamasco (Scuola Superiore Sant' Anna, and PERCRO Laboratory – Pisa).
Giovanni Berlucchi (Università di Verona, Accademia dei Lincei)
Cristiano Crescentini (University of Udine; La Nostra Famiglia, IRCCS).
Franco Fabbro (University of Udine; La Nostra Famiglia, IRCCS).
Fabio M. Giommi (Nous - Scuola di Psicoterapia Cognitiva; Associazione Italiana Mindfulness).
Mirjam Hartkamp, (Sapienza University of Rome; Consciousness, Mindfulness, Compassion – CMC – International Association)
Henk P. Barendregt (Radboud University).
Peter Malinowski (Liverpool John Moores University, LJMU).
Ven. Constance Miller (Institute Lama Tzong Khapa, Pomaia, Pisa).
Nicola Petrocchi (John Cabot University, Rome; Compassionate Mind - Italia)

INFOSTUD REGISTRATION CODE : 29462

1 – AIMS

Empathy and compassion are fundamental human mental states, with a crucial importance for mental health and salutary interpersonal attitudes and human relationships. Compassion in particular plays a key role in contemplative training, as reflected in different time-honored contemplative traditions. In Buddhism, in particular, the cultivation of compassion is generally associated to the cultivation of mindfulness and wisdom (insight).

More recently, mental training programs based on mindfulness, compassion and related meditation practices have been successfully applied in a broad range of clinical, educational and workplace contexts. The unifying theme in the growing arts and sciences of mindfulness and compassion has been an effort to lessen suffering and bring more happiness in this world. Together with mindfulness, empathy and compassion have been increasingly studied in cognitive, affective, social and developmental neurosciences, as well as in different areas of clinical (medical and psychopathological) and wellbeing research, with important insights and implications. The Summer School will thus provide an international forum about empathy, compassion and the aspects above for students, researchers and professionals (e.g., in clinical and educational contexts), as well as contemplative (meditation) practitioners. The Faculty of the Summer School includes leading experts about



contemplative, neuroscientific and clinical facets of mindfulness, empathy and compassion. Based on such expertise, the Summer School will focus on effective practices to cultivate and apply empathy and compassion in different contexts, as well as on the latest research. The programme will offer a balanced mix of research and theory, contemplative practice, experiential activity, as well as formal and informal exchanges.

2 – ELIGIBILITY CRITERIA

The Summer School welcomes Italian and foreign students with at least a secondary school diploma or equivalent educational title from foreign institutions, or students enrolled in a university course. All documentation should be submitted in one of the following languages: English, French, Italian, German, Spanish or Portuguese. Participants who are not enrolled in a university, but have a secondary school diploma, are requested to indicate a national website where it is possible to verify that the possessed diploma qualifies access to a university.

3 – POSITIONS AVAILABLE

The Summer School will be activated with a minimum of 6 participants and a maximum of 30 participants. If the number of applications exceeds the number of positions available, candidates will be evaluated on the basis of the documents listed in 5.1.

4 – DURATION AND ORGANISATION OF TEACHING ACTIVITIES

The Summer School will last one week.

Lessons will start on June 10, 2017 and will end on June 14, 2017. Total amount of activities is 40 hours. The Summer School will be in English language and participants are expected to understand and communicate in English.

TOPICS	ECTS
Active compassion: Applying Buddhist view, meditation and action to daily life. From pain perception and empathy for pain to existential neuroscience. (Lecture) The neuropsychology of religious experiences. Guided Mindfulness Meditation in open space.	1,5
Mental states, mindfulness and compassion: From Buddhist psychology to neuroscience. (Lecture). The neuropsychology of mindfulness meditation. Guided Vipassana Meditation in open space.	1
Insight Dialogue – Interpersonal meditation practice. Training ourselves in compassion: Transforming attitudes, thoughts, and actions. Exploring physical and mental worlds through Immersive Virtual Reality. Guided Metta Meditation in open space.	1,5
Compassion Focused Therapy: theoretical background and	1



clinical applications (Class with guided practical experiences). Physiology and neurology of consciousness. (Lecture) Discussione tematiche di gruppo.	
ECTS	5

Students are required to total a minimum 75% attendance at the Summer School in order to receive an attendance certificate and the 5 ECTS credits (European Credit Transfer System) in the relative field as per the rules and regulations of the Bachelors and Masters programmes. In case of insufficient attendance or arguable behaviour, the course director may decide not to issue an attendance certificate. Registration fees may not be refunded.

CONTACT INFO:

Scientific Issues

Prof. Salvatore Maria Aglioti
salvatoremaria.aglioti@uniroma1.it
Prof. Antonino Raffone
antonino.raffone@uniroma1.it

Administrative Issues

Ms Michela La Padula
Indirizzo: Department of Psychology, via dei Marsi, 78
00185 Rome
Ph.: +39 06 49917601
E-mail: michela.lapadula@uniroma1.it

5.1 APPLICATION PROCEDURE

Candidates who wish to apply for the summer school must:

1 - Register or log in at the University Information System (Infostud) at the following link:
<http://www.uniroma1.it/studenti>

Once your registration is completed, the system will provide you with a registration number and a password to access the system. You must use this registration number on your application form.

PLEASE NOTE: it is very important that a valid email address be provided as the system password will be sent to that e-mail address. If the candidate is or has been a Sapienza student, he/she will already have a registration number. If the candidate does not remember their registration number or password, the Infostud recovery procedure can be used.

2 - Fill in the application form (Attachment 1 to this call) and enclose:

- Copy of a valid ID, signed and legible (I.D. Card / Passport);
- Copy of degree/DIPLOMA certificate



- Curriculum vitae et studiorum;
- Letter of Motivation in English (a brief statement)
- Consent to personal data processing (Attachment 2 to this call)

3 - Applications and required documents must be sent to michela.lapadula@uniroma1.it (Subject: "LastName_Summer School admission") by 15th of May 2017

Applications that do not meet the above-mentioned criteria will not be considered.

SELECTION PROCESS

Applications will be evaluated on the basis of the documents listed in 5.1. Results will be available on the web page: <http://www.uniroma1.it/didattica/offerta-formativa/corsi-di-formazione-e-altaformazione/corsi-di-formazione> by 20th of May.

6 TUITION FEE

Tuition fees are € 240.

The deadline for payments is May 31, 2017. Tuition fees do not include traveling expenses and local transportation. Tuition fees will be refunded if the Summer School is not activated.

7.1 – METHOD OF PAYMENT

Students admitted to the course must login to INFOSTUD (<https://stud.infostud.uniroma1.it/Sest/Log/>) and click on "TASSE", then "alta formazione/formazione", enter the code indicated on the call for applications and click "AVANTI" and then "STAMPA".

Tuition fees must be paid within the deadline indicated in this call (see Point 6) by presenting the payment slip downloaded from INFOSTUD at any UniCredit branch located throughout the country and can be made:

- in cash;
- by check of the exact amount indicated on INFOSTUD, payable to "Gruppo UniCredit – Banca, issued by the student, if he/she holds an account with UniCredit or any other bank in Italy;
- by check of the exact amount indicated on INFOSTUD, payable to the student, issued by a third person holding an account with any bank in Italy or abroad.

Alternatively, tuition fees can be paid online by credit/debit card at the following website:

<https://onlineretail.unicredit.it/ibx/web/public/universityTaxes.jspurl=confirm&univ=sapienza&action=pag>

PLEASE, NOTE: a copy of the payment receipt must be sent via e-mail to michela.lapadula@uniroma1.it

7.2 – METHOD OF PAYMENT BY A THIRD PARTY (COMPANY, INSTITUTION, ETC.)

Third party sponsors must make payments, in the amount specified in this call (see Point 6), via wire transfer to: IBAN code: IT71 I 02008 05227 000400014148 Corporation Code: 9011778 Unicredit University Treasury – Agency 30660 The payment description must include: "FORM (course code) MATR. (student registration number)".



Please note: if making a wire transfer from a Unicredit branch, please also include the University account number: 1001. This is necessary to match payments to beneficiaries.

In the case of more than one beneficiary, the payment description must include all of the beneficiaries' names. Once the wire transfer has been sent, an email with all the sponsor's details (Company name, VAT number/fiscal code, address, name, surname of beneficiary/beneficiaries) and a copy of the receipt must be sent to francesca.bernabei@uniroma1.it and michela.lapadula@uniroma1.it within May 31, 2017; once the payment has arrived, the university accounting offices will send a receipt of the payment to the specified address.

Annex 1

APPLICATION FORM



PERSONAL DETAILS

Title (Mr/Miss/Mrs/Ms/Dr):

Family/last name:

First name(s):

Gender: Male /Female Address for correspondence:

Country:

Email address: Matr. INFOSTUD:

(We will email booking/payment confirmation and relevant information to this email address. Please, keep us updated of any change)

Telephone number:

Date of birth: DD/MM/YYYY

Nationality (as per your passport):

SPECIAL REQUIREMENTS

The program does not discriminate against persons with disabilities or medical requirements and will make all reasonable efforts to accommodate their requirements. Do you have any special physical or medical requirements?

No / Yes

If yes, we will contact you for further details.

ACADEMIC AND PROFESSIONAL DETAILS

Please give details of your educational background, including current study and degrees achieved:

☐ Studying for Bachelor's Degree

☐ Bachelor's Degree

☐ Studying for Master's Degree

☐ Master's Degree

☐ Studying for PhD

☐ PhD

☐ Other graduate programme

☐ Other

Please give details of your status: Student | Employed | Retired | Academic | Other - Profession:

If you are currently a student, please state institution, course and year of study (e.g. Université de Lyon, Physics, 2nd Year):



Institution:
Course:
Year:

If you are applying as part of a group from a college, university or other institution, please state which one:

PUBLICITY How did you find out about the Summer School?

- ☐ Recommendation
- ☐ My institution (please specify)
- ☐ Internet (which website?)
- ☐ Other (please specify)

ATTACHEMENTS Please attach to your application:

- Copy of a valid identity document, signed and legible (I.D. Card – Passport);
- Diploma/Enrolment Certificate;
- Curriculum vitae et studiorum;
- Consent for personal data processing (Annex 2).

I agree that I meet the requirements, that the information on this application form is true at the time of writing and I have read this form, and the accompanying Call for Admission and fully accept the terms and conditions (including cancellation and refund policies) as stated in the Call for Admission to the Summer School . Applications cannot be accepted without a signature.

Date

Signature

Annex 2



Consent for personal data processing in accordance with the D.Lgs 196/2003 – Personal data Protection Code

Purposes of the processing

In accordance with the section 13 D.lgs. n.196/2003 the provided data will be processed in the necessary measure and for the purposes connected to the enrollment and the attendance to the training course.

Methods of processing and subjects involved

The processing will be done both manually and by computer. The data may be communicated to institutions or public and private authorities if strictly necessary for the scope of the teaching activities of the course.

Nature of the provision of the data and consequences of a potential refusal

The provision of the data is mandatory, and the potential refusal of the provision involves the impossibility of the enrollment in the course and the management of the connected procedural activities, as well as the teaching activities. Holder and supervisor of the processing The holder of the processing of the data is the Università degli Studi di Roma represented in person by its pro tempore legal representative, the Magnifico Rettore, domiciled for the role at the university's headquarters. The supervisor of the processing is the Director of the Training Course. Section 7 d.lgs. 196/2003 - Right to Access Personal Data and Other Rights –

The data subject shall have the right to be informed

- a) of the source of the personal data;
- b) of the purposes and methods of the processing;
- c) of the logic applied to the processing, if the latter is carried out with the help of electronic means;
- d) of the identification data concerning data controller, data processors and the representative designated as per section 5 paragraph 2;
- e) of the entities or categories of entity to whom or which the personal data may be communicated and who or which may get to know said data in their capacity as designated representative(s) in the State's territory, data processor(s) or person(s) in charge of the processing. –

The subject shall have the right to obtain

- a) updating, rectification or, where interested therein, integration of the data;
- b) erasure, anonymizing or blocking of data that have been processed unlawfully, including data whose retention is unnecessary for the purposes for which they have been collected or subsequently processed;
- c) certification to the effect that the operations as per letters a) and b) have been notified, as also related to their contents, to the entities to whom or which the data were communicated or disseminated, unless this requirement proves impossible or involves a manifestly disproportionate effort compared with the right that is to be protected. - The subject shall have the right to object, in whole or in part,
 - a) on legitimate grounds, to the processing of personal data concerning him/her, even though they are relevant to the purpose of the collection;



b) to the processing of personal data concerning him/her, where it is carried out for the purpose of sending advertising materials or direct selling or else for the performance of market or commercial communication surveys.

Signature